

EXHP 109L – VOLLEYBALL – FALL 2004

Instructor: Emily Asanovich
Office Hours: M 9-11am, T 9-12am, W 9-11am, TH 9-12am, F 9-12am
*Other hours available by appointment.
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Office Location: SC 105
Textbook: NONE

Course Description:

This course is designed to acclimate and educate the student with the sport of volleyball, and teaches proper technique in order to be proficient in the skills necessary to play volleyball.

Course Objectives:

Upon completion of this course, the student should be able to:

1. Recall and summarize the rules for scoring and officiating volleyball matches.
2. Describe and demonstrate proper technique for passing, setting, hitting, serving and blocking skills.
3. Demonstrate knowledge of rotation and defense.

Course Evaluation:

Your grade will be determined by the accumulation of points received for the completion of the course requirements.

	Possible Points
1. One Exam	50 points
2. Skills Pre/Post Test	25 points each
3. Attendance/Participation	150 points
4. Home Game Summary (10 home games @ 5 points each)	50 points
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	300 possible points

Grading Scale:

270-300= A
240-269= B
210-239= C
180-209= D
0-179= F

Attendance:

To receive optimal benefit for your time and money involved in this class it is important that you attend. **Activity classes require attendance and participation!** You will receive 5 points each time you attend class (30 classes @ 5 points = 150 points). It is also important that each person be on time. It is distracting and inconsiderate to every class member and the instructor for individuals to arrive late to class. **Please be on time!!!!**

Attire:

Proper shoes (i.e.: running, volleyball, tennis, court shoes) are appropriate. **NO BLACK SOLED SHOES!** Proper work out attire (i.e.: shorts, t-shirts, work out pants, sweats etc) are also appropriate. No dress shoes, boots, etc.

Students with Special Needs (ADA):

This University abides by the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973, which stipulates that no student shall be denied the benefits of an education “solely by reason of a handicap.” If you have a documented disability that may impact your performance in this class and for which you may require accommodations, please see the instructor as soon as possible, within the first two weeks of class to arrange accommodations. In order to receive accommodations, you must be registered with and provide documentation of your disability to the Disability Services Office, which is located in the Psychology Building, Room 232.