

# **WATER SAFETY INSTRUCTOR**

## **SPRING 2007**

Instructor: Mrs. Tracy Spinuzzi

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**Course Description:** The primary purpose of the American Red Cross Water Safety Instructor program is to train instructor candidates to teach water safety, including the Basic Water Rescue course, six levels of the Learn to Swim and Parent and Child Aquatics.

### **Textbook:**

- American Red Cross Candidate's Kit (includes Water Safety Instructor's Manual, Including CD-ROM, Swimming and Water Safety manual, Water Safety Handbook, and Learn-to-Swim booklets) \$49.95

### **Prerequisites:**

- The candidate must be 16 years of age on or before the final scheduled session of this course.
- Successfully complete the precourse session.

### **Learning Objectives:**

- Expand on information on the American Red Cross Fundamentals of Instructor Training (FIT) course;
- Identify key elements and strategies for planning and preparing effective and safe swim lessons;
- Identify key class management principles, elements and strategies for planning, preparing and conducting safe swim lessons;
- Describe the importance of effective observation for teaching and how to develop it;
- Observe swimming skills and accurately classify them and suggest appropriate interventions to improve them.

### **Certification Requirements:**

- Complete all reading assignments;
- Attend all course sessions;
- Participate in all activities;
- Successfully complete all practice-teaching assignments;
- Pass the final written exam with a minimum grade of 80 percent;
- Demonstrate maturity and responsibility throughout the course.

### **Certificate Validity:**

- Water Safety Instructor Authorization is for two calendar years. All authorizations expire on December 31. Initial authorization may be less or more depending on when training is completed.

### **Assessment:**

- Daily Participation and Promptness
- Homework Completion/Reading Assignments
- Behavior/Attitude/Cooperation
- Knowledge of Activities
- Practice-Teaching
- Organized Notebook
- Skill Evaluation
- Written Exam

### **Grading Scale:**

100% - 93% = A

92% - 86% = B

85% - 77% = C

76% - 70% = D

**ADA Statement:** This institution abides by the Americans with Disabilities Act and Section 504 of the Rehabilitation Act of 1973, which stipulates that no student shall be denied the benefits of an education “solely by reason of a handicap”. If you have a documented disability that may impact your performance in this class and for which you may require accommodations, please see the instructor as soon as possible, within the first two weeks of class, to arrange accommodations. In order to receive accommodations, you must be registered with and provide documentation of your disability to, the Disability Services Office, which is located in the Psychology Building, Room 232.